



**AROUSA NORTE**

## Directions

Located in Galicia, in the southwest of the province of A Coruña, Arousa Norte is well connected with the main cities of the area: Santiago de Compostela, Pontevedra, Vigo, A Coruña and Ferrol.

If you travel by car, these are the distances and times to the main cities:

- **Santiago de Compostela:** 53 km; estimated time: 45 minutes.
- **Pontevedra:** 55 km km; estimated time: 45 minutes.
- **Vigo:** 82 km km; estimated time: 1 hour.
- **A Coruña:** 126 km km; estimated time: 1 hora and 23 minutes.
- **Ferrol:** 144 km km; estimated time: 1 hour and 35 minutes.
- **Ourense:** 151 km km; estimated time: 1 hour and 37 minutes.
- **Lugo:** 184 km km; estimated time: 2 hours.

If you come by bus, there is a bus line that travels through the four municipalities and connects Arousa Norte with Santiago de Compostela (it covers a distance of around 70 km in an hour).

Company: Arriva Noroeste  
Office telephone: (+34) 981 330 046  
Customer service telephone: (+34) 902 277 482  
Web: [www.arriva.es](http://www.arriva.es)

If you prefer the train, the closest train station is in Padrón (20 minutes by car from Arousa Norte) where you have to catch the bus that goes from Santiago to Riveira (the bus station is a 10 minute walk from the train station).

Company: Renfe  
Telephone: (+34) 981 59 60 50 and 902 240 202



Help to accessibility for passengers:  
(+34) 902 24 05 05  
Web: [www.renfe.es](http://www.renfe.es)

By plane, the closest airport to Arousa Norte is in Santiago de Compostela (located around 50 km or an hour's time away).

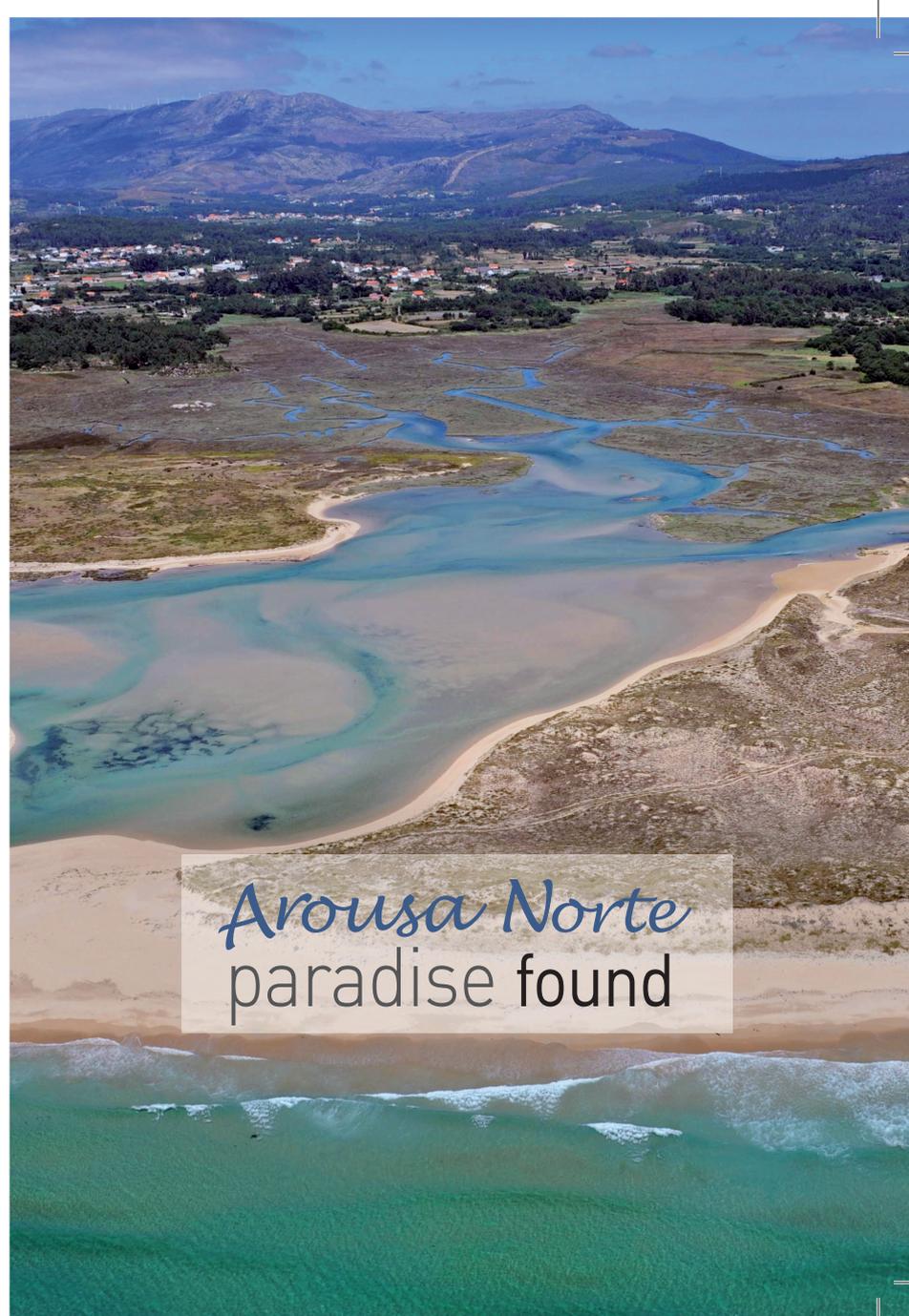
Company: Aena  
Telephone: (+34) 902 404 704  
Web: [www.aena.es](http://www.aena.es)  
Lavacolla Airport telephone:  
(+34) 981 59 74 00.

By sea, Arousa Norte has five sports marinas:

- **A Pobra do Caramiñal Marina**  
Mail: [clubnauticopobra@gmail.com](mailto:clubnauticopobra@gmail.com)  
Tel: (+34) 628116854
- **Barraña Marina, Escarabote dock (Boiro)**  
Mail: [cndb@cndb.es](mailto:cndb@cndb.es)  
Tel: (+34) 981847305
- **Cabo de Cruz Marina (Boiro)**  
Mail: [info@nauticoboiro.com](mailto:info@nauticoboiro.com)  
Tel: (+34) 981 845358 / (+34) 622884846
- **Rianxo Marina**  
Mail: [info@nauticorianxo.com](mailto:info@nauticorianxo.com)  
Tel: (+34) 981866107 / (+34) 609833433
- **Riveira Marina**  
Mail: [secretariacub@nauticoriveira.com](mailto:secretariacub@nauticoriveira.com)  
Tel: (+34) 981874739

## More information:

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[www.arousa-norte.es](http://www.arousa-norte.es)



*Arousa Norte*  
paradise found



In the heart of the Galician Atlantic coast, there is a small paradise that all travellers admit to loving. Arousa Norte is composed of four fishing villages: A Pobra do Caramiñal, Boiro, Rianxo and Riveira, all placed on the north coast of the Ría de Arousa, the **most productive** estuary in the world on a per square metre basis and the one that generates the most important **inshore fishing industry** in Europe.

Set within a superb **landscape** with incalculable **natural heritage**, the traveller may take part in outdoor **sport activities** in unique wilderness areas like the **nature preserves**, for among which are found the Corrubedo Sand Dune Park, the Carragal and Vixán lakes or a wide range of **beaches** and **walking trails**.

The A Barbanza Mountains and the Ría de Arousa estuary bring together all their beauty and potential to offer a unique opportunity to get to know a region like Galicia, facing the sea, proud of its people and its **tourism and gastronomy**.

Undoubtedly, you will find it to be a paradise!

**A must visit!**

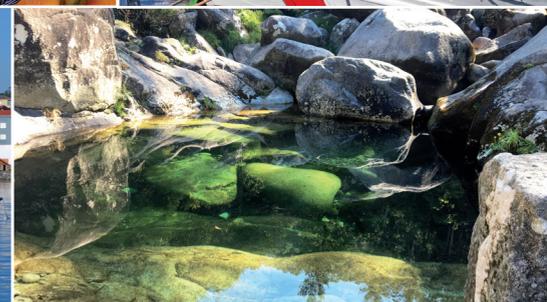


### AN EXTRAORDINARY CULTURAL AND FISHING PROPOSAL

The **hospitable environment** made up of the municipalities of A Pobra do Caramiñal, Boiro, Rianxo and Riveira offer the traveller activities for cultural tourism that are fully accessible, sports oriented and natural, fruits of a fishing culture that impregnates every single place as well as the history of the people of these four villages.

The **productive land** and the **unique estuaries** of the Ría de Arousa have provided Arousa Norte with land and sea products that are fundamental ingredients in international **gastronomy** nowadays. The **mussel** is the king of the products of this region, not only because of its delicious taste, but also because of it being the economic driver of the area.

Since 1945, when the first *batea* (the raft-like structure in which mussels are grown hanging on cords below water) was placed in the estuary, the mussel has been part of the tradition, the culture and identity of the four municipalities of the region. Thanks to the *bateiros* (people who work in *bateas*) you will learn how the life cycle of this bivalve is more complex than you might have thought in its journey to our tables.



The sea and its products is not the only source of wealth. There are **five sport marinas** -A Pobra; Escarabote and Cabo de Cruz, in Boiro; Rianxo and Riveira- that offer mooring to all sailors that sail the Atlantic coast every day.

Moreover, in Arousa Norte you can take an interesting river and maritime route that is the part of The Way of Saint James as the maritime route of the remains of the Apostle Santiago. But Arousa Norte offers much more to the traveller, from

an archaeological heritage formed by the remains of the megalithic culture and "**castros**" to routes through emblematic places that inspired many famous works of great Galician writers such as Castelao and Valle Inclán, to the Islas Atlánticas National Park, which includes Sálvora Island, termed the **starlight destination** for its being an optimum location for night observation of stars.

**A complete offering that will fill your trip planner with memorable moments!**